



**Senior Consultant,
Trainer & Coach**

Work slogan

*"To be able to 'find common paths' to the
respective, always very individual concerns of
people or organizations, is always exciting
and inspiring for me!"*

Jochen Opdenplatz's professional identity is the result of two parallel developments:

On the one hand, there is the structured, clear mathematics graduate with 20 years of experience in data centers of international insurance groups. This includes years of work in the HR environment and as a manager.

On the other hand, a professionally trained mediator with a focus on people, a trainer of managers, an enthusiastic systemic coach of individuals or teams.

The question of how leadership can succeed in times of "VUCA" has been the focus of his work in recent years. He is increasingly dedicated to supporting managers who want to develop their attitude and skills in the direction of "agility".

Specialities

- Leadership Development (training of leadership behavior, systemic coaching, development of agile mindsets, integral nature coaching)
- Development of teams
- Conflict resolution within and between teams
- Moderation of working groups
- Development of agile organizational forms
- Change management

Experience

- Self-employed since 2012
- AXA Technology GmbH, 12 years (IT, project management, personnel management, personnel development, mediation, change management, training and coaching)
- DEVK Versicherung, 8 years (IT)

Education | Certifications

- Graduate mathematician (University of Cologne)
- Mediation (Markus Sikor)
- "Non-violent communication" trainer (Klaus Karstädt)
- Systemic organizational development and change management (ISB in Wiesloch)
- Systemic coaching and team development (ISB in Wiesloch)
- Integral nature coaching (Arthur Dorsch and Claudia Werner)
- Open Space und Dynamic Facilitation (Matthias zur Bensen)
- Workshop for collegial leadership - practices for the agile organization of tomorrow (Werkstatt für kollegiale Führung, Hamburg)

Professional networks

- Member of the ISB Master Group
- Member of the Bundesverband Mediation

